

## 2023–24 MDCS Middle School Supply List

### Personal School Supplies:

- water bottle (**must be brought to school every day**)
- pencils (students will need their **own pencils every day**)
- pencil pouch
- 5 x composition notebooks
- 1 x 100-page spiral bound notebook
- **\$25—cash or check made payable to MDCS**  
(This money will cover the Study Island licensing fee and folders for each class.)

### Please also choose three items to donate to the classrooms:

- pack of red pens
- box of tissues
- container of Lysol wipes
- pack of graph paper
- bottle of hand soap
- pack of colored pencils

### MS Outdoor Education Supply List (required gear for our camping trips):

- Camping trips are a part of the MDCS middle school curriculum. As such, they are **mandatory** for all students. Students are responsible for a minimum amount of personal equipment. Please follow the link, below, to the MS gear list.
  - Personal Gear List ( PDF- See attached)
- Plastic spoons/forks are not available to students. Students must pack everything needed to prepare and consume their lunches.
- Please **label** your student's water bottle, lunch box, etc.

## MDCS Outdoor Ed. Personal Gear List

*The following list is based on the assumption that you will report to school wearing comfortable walking boots/shoes and dressed to hike in the current weather conditions.*

EVERY box must be checked (and will be double checked by staff) to show you have every item on Gear Check-In Day, **TBD**. Students who come unprepared will be asked to bring the missing items by **TBD**. Pack out (fitting and loading backpacks) begins on **TBD**. Gear will remain at school until trip day and return home after the trip.

### Hiking Clothes

**(all items except shoes MUST be packed in 1 gallon press 'n seal freezer bags to keep items dry. No sliders, please, they fail easily.)**

- ☐ 1 Set of Thermal Underwear/base layer (Mid-weight Polypro or Capilene preferred. AVOID cotton)
- ☐ 1 Fleece Vest or Jacket (optional if lows are over 40 – again avoid cotton)
- ☐ Waterproof Shell (rain jacket, Gortex or other breathable membrane jacket)
- ☐ Rain pants
- ☐ 1 Pair of Warm Gloves
- ☐ 1 Warm Hat
- ☐ 1-2 Pair of Wool Socks

**The items above are necessary to ensure that your child does not become hypothermic. Students will not be allowed on the trip without them.**

- ☐ 1 Extra pair of hiking shorts
- ☐ 1 Extra T-Shirt (Synthetic quick dry)
- ☐ 2-3 Underwear
- ☐ 1-2 Bandanas or Handkerchiefs
- ☐ Sandals or Water Shoes
- ☐ Bathing Suit

### Trail Items

- ☐ Small flashlight *or* Headlamp with extra batteries (headlamps preferred)
- ☐ 1 or 2 **32oz. Water Bottles! (Very important!)**
- ☐ 10 liter or larger dry bag to carry and hang food
- ☐ Safety Whistle
- ☐ Drinking Cup or mug (non-ceramic - nothing breakable)
- ☐ Fork/Spoon or both
- ☐ Travel Size Toiletries
- ☐ 2-3 Extra zip lock bags for trash or misc. items

**Bring the items below if you can. If not, the school has some to loan.**

- ☐ Synthetic or Down "Stuffable" Sleeping Bag (20 Deg. or warmer)
- ☐ Lightweight compact sleeping pad (i.e. Therma-Rest, Big Agnes)

***Parents Must Confirm Completion of List by  
Signing Here:***

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**PLEASE NOTE:**

- We reserve the right to “trail modify” your child’s clothing if it encumbers their ability to hike safely (i.e. excessively long pant legs may be cut to size to avoid tripping and falling).
- It may be tempting to pack more than what is listed above. ***Please resist the temptation!*** This list will get the job done wonderfully while avoiding the much weightier problem of having a super-heavy pack. You’d be amazed how quickly those extra ¼ pounds add up to a big burden.
- If you have any questions regarding this list, please do not hesitate to call me at 488-1222.