


November Kindness Challenge



| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 1 Push in a chair you see untucked | 2 Give a compliment to a classmate | 3 Clean up trash or a mess that isn't yours. | 4 Leave a note saying something nice or encouraging. | 5 Be kind to yourself! Tell yourself 5 things you love about yourself. |
| 8 See someone sitting alone in class or recess? Invite them to join you today. | 9 "No Bickering Day" (yes, that includes your siblings too!) | 10 Compliment someone on a piece of their work. | 11 Veteran's Day (No School) Say Thank you to a Veteran) | 12 Smile and say hello to every teacher you see today. |
| 15 Pick up litter you see and throw it away | 16 "No Complaining Day" (24 hours of positivity) | 17 Say "Thank you" to Ms. Becca and Ms. Sue (our custodians) | 18 Sincerely compliment a peer, on a character trait. | 19 Do an extra chore to help out at in the classroom |
| 22 Smile at 5 people today | 23 Say "please" and "thank you" with eye contact | 24 Thanksgiving Break | | 25  |
| 29 Hear gossip? Chime in with something nice instead | 30 Let someone ahead of you in line for no reason | | | |